

THE JOURNEY SERIES

PROGRAM

SEPTEMBER 3

WELCOME

Rev. Paul Pradat
*Episcopal Diocese of
Alabama, Recovery
Ministries*

KEYNOTE

Attorney General
Steve Marshall

INTRODUCTION TO JOURNEY SERIES

Rev. Robin Hinkle
*St. Mary's Episcopal
Church of Jasper*

Rachel Puckett
*Walker Co. Health Action
Partnership*

SEPTEMBER 10

2:30 PM

*ROLE OF HEALTH PROFESSIONALS IN ADDICTION & TREATMENT

Brent Boyett, DMD, DO, DFASAM
Bradford Health Services

Addiction should be understood like any other chronic, relapsing disease by all, and especially by health professionals - nurses, social workers, case managers, peers, doctors, receptionists. Digging deeper into the brain science of addiction and whole-person treatment options equips us with the knowledge to better work with friends, family, patients and clients who struggle with addiction. Brent Boyett, DMD, DO, DFASAM practiced both dentistry and primary care medicine until he discovered his passion in the field of addiction medicine in 2008. He became board certified in Addiction Medicine and is a forward-thinking speaker, researcher, and leader in addiction medicine.

**Continuing education contact hours available.*

3:35 PM

HOW TO ASK FOR HELP & START THE INTERVENTION PROCESS

Paige Britton, CRSS
Recovery Organization of Support Specialists

Stephanie Schilling, CRSS, LMSW
Recovery Resource Center

This panel will provide insight for people who have questions or concerns about how to seek help: that can be people seeking help for themselves, for a family member, or for a member of their congregation. This panel will field questions regarding how to approach the treatment and recovery process; what resources are available for people with substance use disorders, their families, or anyone else who is concerned and will be able to speak from both professional and personal experience.

Visit WalkerRecoveryMap.org/Journey-Series to learn more & register!

SEPTEMBER 17

2:30 PM

***STATE OF ADDICTION: THE OPIOID EPIDEMIC & THE CRISIS IN ALABAMA**

Sherie Schaffer, MS, ADC, LPC-S, NCC
Bradford Health Services

Sherie Schaffer is the Director of Clinical Operations at Bradford Health Services where she oversees the clinical operations across Bradford's network. She has been working in the field of addiction for 19 years and is a certified addiction counselor, licensed professional counselor, and a supervising LPC. The session will address our country's opioid crisis, particularly how it's affecting our community and what we can do to mitigate it.

**Continuing education contact hours available.*

3:35 PM

THE PROVIDER PERSPECTIVE: THE OPIOID EPIDEMIC THEN & NOW

Kristan Shaw
Hope for Women

Lisa Bright
Will Bright Foundation

Camille Holcomb,
LPC, ADC
Fellowship House

Brandon Lackey
The Foundry Ministries

Patricia Montgomery, LPC
Northwest Alabama Mental Health Center

Panel members will discuss how their respective treatment and recovery organizations have responded to the continued opioid crisis, and how their patient/client's needs have evolved.

SEPTEMBER 24

2:30 PM

***ROLE OF LAW ENFORCEMENT IN ADDICTION & TREATMENT**

District Attorney Bill Adair
Walker County DA's Office

Leslie Plaia, M.Ed, LPC
Recovery Resource Center

The DA's Office, RRC, and the Alabama Department of Mental Health, have recently partnered to add another pathway to treatment for law enforcement across Walker County. Law enforcement officers often come into contact with individuals living with addiction and know these people need treatment, not jail time. This new pathway will join diversion programs including pre-trial and Drug Court programs in Walker County to better address the needs of people with addiction.

**Continuing education contact hours available.*

3:35 PM

INTERVENTIONS FOR REDUCING RISK FACTORS IN YOUTH

April Knight
Northwest Alabama Mental Health Center

April Knight, Director of Prevention Services at Northwest Alabama Mental Health Center outlines what Walker County students are learning, and important tips parents need to know. NWAMHC serves those with mental disorders, intellectual disabilities, and persons suffering from chemical dependency in its 5-county area (Walker, Fayette, Lamar, Marion, Winston). Drug prevention programs for youth address protective and risk factors. NWAMHC implements evidence-based curricula for students in Walker County, including new initiatives recently funded by a CDC Opioid Overdose Prevention grant.

Visit WalkerRecoveryMap.org/Journey-Series to learn more & register!

OCTOBER 1

2:30 PM

GUARDIANS OF ADDICTED LOVED ONES

Carie Wimberly
Addiction Prevention Coalition

Art Wimberly
T.H.R.I.V.E.

Treatment from addiction is not just for the individual but also for the family. Parents of Addiction Loved Ones (PAL) is a guide for families as they better understand their role in the recovery process. Carie Wimberly is the Addiction Prevention Coalition Director of Operations. Art Wimberly has been working in the recovery field for over 17 years.

3:35 PM

ADDICTION & SENIORS

Robyn James
Middle Alabama Area Agency on Aging

Addiction among people 65 and up is often underestimated and under-diagnosed, which can prevent them from getting the help they need. Additionally, the caregivers of older individuals may struggle with addiction presenting a complex path forward. Robyn James, the Development & Marketing Director at Middle Alabama Area Agency on Aging (M4A), has dedicated her professional and personal life to protecting, serving and advocating for older individuals here in Alabama and nationally.

OCTOBER 8

2:30 PM

***ADDICTION 101: BRAIN SCIENCE OF ADDICTION**

Mike Wilkerson, MD, FASAM
Bradford Health Services

Addiction 101 addresses several of the most common questions asked about addiction with the aim of increasing understanding of the disease. Board certified in Addiction Medicine and Internal Medicine, Dr. Wilkerson currently serves as the Corporate Medical Director of Bradford Health Services.

**Continuing education contact hours available.*

3:35 PM

THE PROVIDER PERSPECTIVE: WHOLE-PERSON CARE

Kady Abbott, MA, LPC-S, NCC, BC-TMH
Fellowship House

Christopher Allen, LPC
Bradford Health Services at Walker Baptist

Anastacia Rogers, LICSW
Michael-Anne Green, CRSS
Capstone Rural Health Center

Whole-person care in substance use disorder treatment is critical. Panel members operate within models that treat a patient or client's substance use disorder treatment along with co-occurring mental health diagnoses and primary care needs. They will speak to the importance and challenges of treatment within this context.

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